



Mountains Road Trip Sample Itinerary

**Camper Van available for pick up the day before Road Trip Departure. All details provided upon booking.*

Day 1

LA to Eastern Sierra

Meeting at a designated location near the 405 fwy north. We'll have the first gratitude circle of the trip meeting other travelers and passing out our TWM road trip kits. Late afternoon arrival in the pristine Eastern Sierra's camping in the Inyo national forest. Hike to nearby lake for lunch and spend time setting intentions. Evening campground connections, group dinner prepared on open fire, creekside hammock hangs and campfire conversations to spark questions and perhaps answers during the week ahead.

Day 2

Eastern Sierra to Secret Camp Spot

Start the day with guided morning meditation, Tai chi or yoga (all optional). After our breakfast we'll circle up and share group gratitude and talk about the day's activities. We have choices of a few hikes in the area between 2.5 and 5+ miles all ending at a lake to jump in. We'll drive north where we meet up with our special guest Jack Steward, Co-Host of the Emmy award winning Rock The park. Jack has created a unique one of a kind experiences for us in one of his favorite secret camp spots. We'll camp in a remote location under the stars with the potential for stunning breathtaking sunsets.

Day 3

Secret Spot to Mammoth Lakes

If there was a day to get up early for sunrise this is it, we promise you won't regret it. After two days of driving and hikes it's time for some relaxation, we'll make our way to natural hot springs to soak. After ample time enjoying the pools we'll head south stopping for a hike that crosses through both the John Muir Trail and Pacific Crest Trail walking towards two of the most exceptional natural wonders. We'll camp near Mammoth Lakes, evening campfire and s'mores to close out another day on the open road.

Day 4

Mammoth Lakes to Kern River

Move at your leisure this morning, spend time in your hammock, go for a hike near the stream or just drink some coffee or chill. If you're feeling adventurous we could help book a guide and gear to fish, mountain bike or SUP. Our caravan will roll out by mid-day heading south. We'll stop at Manazar National Historic Site, which could be one of the most important and thought-provoking parts of our trip. We'll camp along the Kern River enjoying a different aspect and beauty of the Sierras. You'll have time for a soak or a short float down river before our final campfire and reflections from the week.

Day 5

Kern River to LA

Start your day with Meditation, tai chi or yoga next to the river followed by coffee and breakfast. We'll circle up for one last gratitude and take the short drive for a soak in hot springs next to the river. Starting the drive back to LA mid-day clear and ready to take on whatever the week and rest of 2020 has in store.

*All campfires subject to fire restrictions

*Campervan return the day we return before 5pm or 9am – 5pm the following day

* You can also leave the camper at the depot and drop the keys in a drop box

*Guided or self-meditation, short yoga practice and tai chi available daily